THERE WAS A TIME WHEN ONE THING SEPARATED ANOTHER. NOW THERE IS ONLY SATURATION AND THE COLOUR BLUE.

(sound of birds singing, insects buzzing)
I saw that woman yesterday
not the one with the dog?
yeah she was in that coffee shop. she was in there with her dog and I just thought oh god. oh god I really can't face a conversation
god no
anyway she didn't see me. and she probably wouldn't remember me even if she had
mmm. she was bit um
mad?
she was a bit mad, yes
it's so weird. I wonder why she keeps popping up
···
going back to

yep
you could always
could I?
yes. you could just say <i>fuck this</i> . FUCK. THIS. and then, well, deal with the here, suddenly
yeah
sunk in the sea-drag wet of it
difficult but doable
everywhere else being suddenly drowned
doable. definitely. definitely an option to
go into shoulder stand?
into a world upturned, twin toes nudging the up-there thin very-thin air of
everything you've been through, it's like how do you find a way out of the um soften the throat, soften the tongue exhale, bend your knees and roll yourself out of the
knot?
OUT OF THE FLOOD, A LANDING LIFTS ITS BELLY TO THE SKY
wind howling still
still mist, still-still.
but a sea less mad —

break and spray rephrased by a mouth (my mouth?)
a mouth now chewing on the sea-dark bark of
A SIGNAL TO RETURN
I think the problem for us is feeling that our outputs aren't um valid – you know, outside of the
yep
and just, and just oh I don't know. I seem to be incapable of seeing a thing through to its and just, and just
your work, you mean?
yes but also my
the suddenly-naked hurt
that word I find it hard to say
now rearing, now branching
up and out and
flesh clinging
slime dripping
you feel it's connected
I mean yes
we're twigging the everything-altered-now
it's definitely not <i>un</i> connected
···